



Kavali
Plastic Surgery

Post Operative Instructions for Excision of a Lesion, Cyst, or Nevus

You have just undergone a delicate procedure to remove a lesion from your skin. Please follow these instructions during your post-operative healing process.

Showering:

You may shower two days after your surgery. Use soap and water to wash over the tapes on your incisions. If they come loose, it's okay. Do not remove the tapes, just trim the edges that have lifted. If the tape does come off, please call our office and we will instruct you on what to do. Also, when showering, do not change soap, no special soap is needed for the incision area.

Medication:

You can take Tylenol, Acetaminophen or Motrin for pain. If you feel that you need something more for pain coverage, call our office and we will speak with you about your pain level. If you need a prescription for pain, we can call it in to your pharmacy.

If you have prescriptions given to you prior to your procedure, have them filled before your procedure date. Use prescription medications for relief of pain as directed. **Read the enclosed medication instruction sheet carefully.**

You may resume your daily prescription medications UNLESS they are listed.

You may use Tylenol if you wish. However Vicodin and Percocet and Lortab, as well as other pain medications contain Tylenol. Do not take these medications and Tylenol together, as you may be taking too much Tylenol. Too much Tylenol can cause liver damage and other problems. If you are unsure about a particular medication, please call.

If you have questions or concerns:

Please call the office if you have any problem or question that concerns you. You should call the office at 404-250-3333. If it's after hours or on the weekend, wait for voicemail to pick up, then dial "0". You'll be connected to my cell phone directly.

If you need immediate attention, or for some reason you are unable to contact me, go to the emergency room nearest your home or at the hospital where you had surgery.

Some reasons to call:

- Fever greater than 101.5 F taken with a thermometer

- Pain not relieved by medication

- Severe pain

- Redness, warmth, drainage or odor from the operative site

- Bleeding (small amounts of oozing may be expected)

- Persistent nausea and vomiting

- If you have ANY questions or concerns regarding your condition or surgery

Follow-up:

You should already have an appointment for about one week after your procedure date.

If you're not sure, call the office to confirm your date and time.