



Kavali  
Plastic Surgery

**Medication instructions:**

**Please get these prescriptions filled prior to your surgery date but do not start taking them until after surgery.**

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**Keflex or Clindamycin or Levaquin:** antibiotic to prevent bacterial infection. Take one pill as directed on the bottle until gone.

**Vicodin or Percocet or Lortab:** You will have one of these narcotics for pain. Take 1-2 pills every 6 hours as needed for pain. Do not combine Tylenol with any of the medications, since they already contain Tylenol, and it is possible to overdose and cause liver damage. However, I encourage you to combine these medications with **motrin/ibuprofen/advil** which should be taken with food or milk to prevent upset stomach. Take the prescribed narcotic, then 3 hours later, take motrin/ibuprofen/advil 600-800 mg, then 3 hours later, take the prescribed narcotic. You'll be taking each one no sooner than 6 hours apart, but you have something for pain every 3 hours.

For Example:

6am	9am	12pm	3pm	6pm	9pm
Percocet	Motrin	Percocet	Motrin	Percocet	Motrin

Narcotic pain medication can cause constipation. To help prevent post-operative constipation, increase your water intake 2 days prior to surgery, drink prune juice prior to and after surgery, and take over-the-counter colace (a stool softener) after the surgery.

**Phenergan or Zofran:** for nausea. You need to take this only if you feel nauseated.

**Medication you may be given directly from our office (no prescription for this):**

**ScarGuard:** This scar treatment will be given to you at your preoperative visit, if your surgery quote included it as part of your package. You will be given written instructions on how to use this product AFTER your surgery at your first postoperative visit. Do not start using this product until you are given instructions by our office and are told to begin using it.

If you have not received a bottle of ScarGuard as part of your package, but would like to purchase one, please let us know anytime.